Supporting Students in Recovery: Changing a Culture

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Who We Are?

Conrad N. Hilton Foundation

The Ohio State University
- College of Social Work
- College of Pharmacy
- Office of Student Life

Generation Rx
Safe medication practices for life.
• Introductions-Share reasons for attending/role on campus
• Interactive slide presentation
• Group discussion
• Conclusion-overview of resources
Participants will be able to:

1) Identify critical qualities in our campus culture that do not support students in recovery or those in need of recovery

2) Identify ways to innovatively involve faculty, student life staff and others in recovery efforts

3) Review and gauge our resources for students in recovery or those in need of treatment
Why did you choose this session?
Assess Alcohol Use on Campus
What’s happening across the country?
Alcohol Use on our Campus
In an average week, I consume alcohol

OSU students’ use

74% don’t drink
Does being in school make students unhealthy?

In the last 2 weeks, I have binge drank

84% don’t binge
42.6% reported having 5 or more drinks of alcohol in a sitting at least once in the last 2 weeks.
What impacts our alcohol culture?
PlazaMexicanGrill.com

Draft BEER & MARGARITA Pitchers

& Drinks on our NEW PATIO

BIG Screen TVs
FREE WI-FI

FOLLOW US ON TWITTER @PlazaBarNGrill
Recent scene on High Street
Beer Here! Beer Here?

More universities are embracing the sale of alcohol at football games, but not everyone is comfortable with the trend.
Recovery On Our Campus
“A voluntarily maintained lifestyle characterized by sobriety, personal health, and citizenship.”
Multiple Pathways to Recovery

- Mutual support groups
- Therapy
- Faith based
- Medication assisted treatment
- Criminal justice
- Natural

*Culture must be taken into consideration*
Collegiate Recovery Overview
Now accepting spring 2016 applications!
Recovery Ally Training
WHAT IF SBIRT BECOMES A CAMPUS WIDE EFFORT?

http://newsinfo.iu.edu/news-archive/19572.html