



THE OHIO STATE UNIVERSITY



The Route to
Commuter Student
Success



Learning Outcomes

- Attendees will be able to describe several unique challenges of the commuter student population
- Attendees will be able to apply several strategies of supporting commuter students in their own professional lives
- Attendees will be able to explain and refer commuter students to campus resources and initiatives created especially for their needs



Who are Commuter Students?

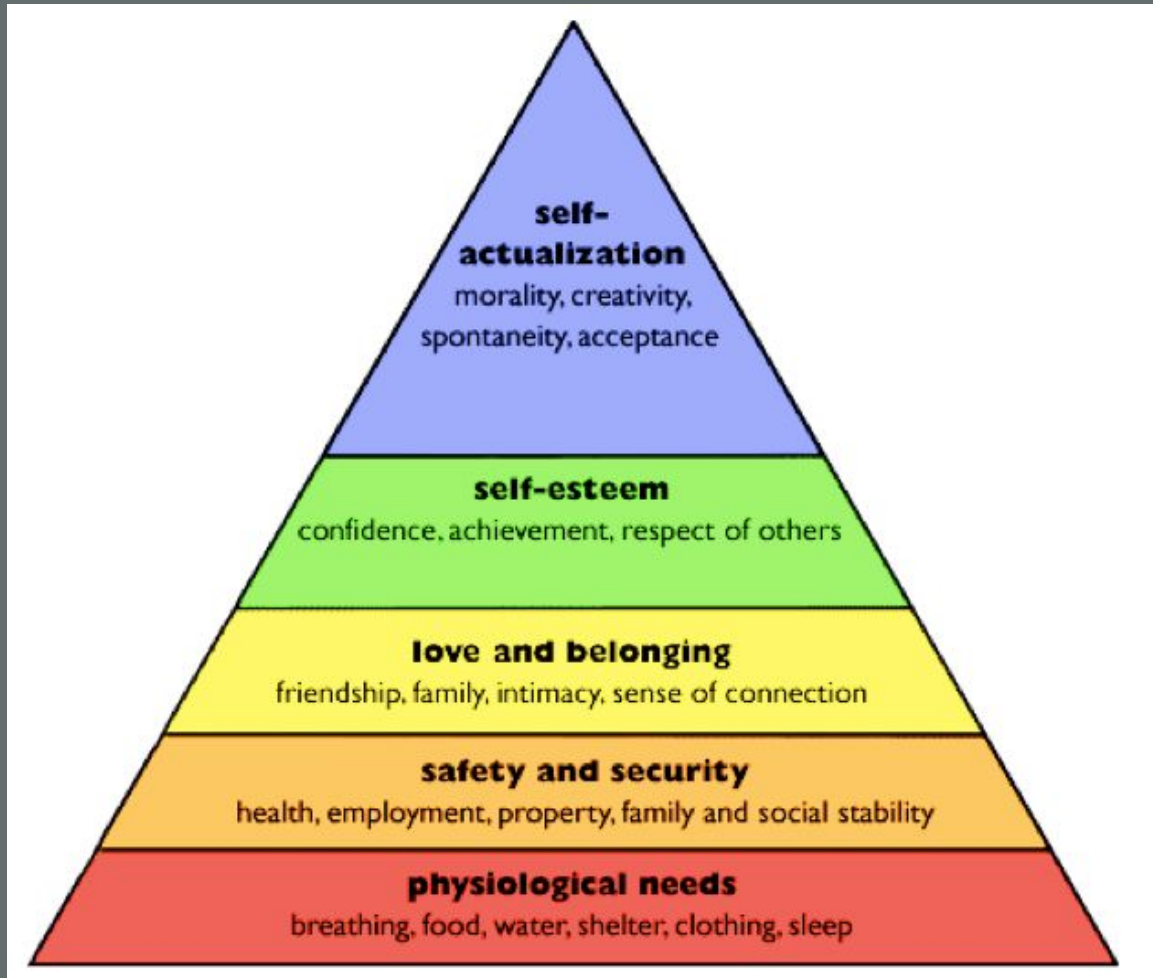


A student's perspective:

“The first thing I would say is don’t make assumptions because there are many identities of commuter students. After that, they are just people, and they have their challenges just like everyone else.”



Maslow's Hierarchy of Needs





What Unique Challenges do Commuters Face?

- Balancing Competing Demands
 - Managing Stressors
 - Work
 - School
 - Family
 - Mastering Skills
 - Building Self Esteem
- (Jacoby, 2015)



**How can we
address these
challenges?**



- Peer Mentoring
- Involving Families
- Acknowledging their experience





Our Experiences at Ohio State

Our Commuter Initiatives

Assessment

Physical Spaces

Meeting them where they are



How does this apply to your work?





How does this apply to your work?

- **What are some ways you can adjust your programming to better support commuters?**
 - **Activity: Create a program!**



Rachel DeMooy
Program Manager

Community Ambassador and
Commuter Liaison Programs
demooy.2@osu.edu

Marisa Lally

Graduate Administrative Associate
lally.20@osu.edu

FOLLOW US!



@offcampus_osu



@offcampus_osu



Off-Campus and
Commuter Student
Services

614-292-0100

offcampus.osu.edu

offcampus@osu.edu