A conversation about helping students in their first year.

Tuesday, January 27, 2015

# FOCUSING ON THE FIRST YEAR CONFERENCE

Hosted by First Year Experience The Ohio State University

### Conference schedule

7:45 a.m.	Check-in and breakfast Archie Griffin Ballroom
8:30 a.m.	Welcome and keynote Archie Griffin Ballroom
10 a.m.	Breakout session I Deconstructing the Model Minority Myth for First-Year Asian American Students EXP's "Support from the Start" Early Referral Program for First-Year Students
	Financial Challenges in the First Year: Practical Implications for Work Got Motivation? Strategies for Empowering First-Year Students in Academics Helping First-Year Students Transition in the Classroom Opportunities to Improve First-Year Retention and Enhance Student Success: Lessons
44 AF	Learned from a Campus Workgroup Preparing Students for First-Year Success: The Impact of Pre-College Programs
11:15 a.m.	Breakout session II
	Academic Advising and the First-Year Experience
	Addressing Alcohol Use in the First Six Weeks
	Buckeye Generation Learning Community: Leveling the Field for First-Generation Students
	First Year Success Series: What We Know and Where We Are Going
	I Need a Nap: Expectations of Chinese Students

I Need a Nap: Expectations of Chinese Students

The Impact of STEP on College Teaching

Y'all Ready for This?! Developmental Readiness in First-Year Leadership Education

#### Breakout sessions

Please attend any session of interest to you. Following the conference, presenters can submit session materials to be posted online for all participants to access.

- **12:30 p.m.** Lunch and awards Archie Griffin Ballroom
- **1:45 p.m.** Breakout session III Defining Co-Curricular Competencies to

Measure Student Learning and Enhance Effectiveness

Flipping the First-Year Survey Class

From Information Overload to Habits of Mind: Library Instruction that Makes Sense in the First Year of College

National Survey of Student Engagement: What You Need to Know from the 2013 Administration at Ohio State

Resilience, Mindsets and Strengths: Facilitating Belonging with Wellness Coaching

Starting the Conversation: Fisher College's International Student Focused Initiatives for the First Year

The New First-Year Student: I've Already "Done" College, Thank You

#### Breakout session IV

"Getting It Out of the Way": How to Help Students Make the GE a Meaningful Part of Their College Experiences

It Takes a Village: Collaborative Recruiting of Transfer Students

Learning Communities and First-Year Student Success

Let's Talk about Consent: A Collaborative Approach to Educating Students

Reading to Learn: The Impact of Reading (and Not Reading) on First-Year Student Success

Staying Relevant: Reframing Our Work to Support First-Year Students

The Honors Program: Supporting High-Ability Students in the First Year

#### Session locations

3 p.m.

All sessions are held in the Ohio Union. Room names and locations are indicated with each session's description. View a building map at go.osu.edu/unionmap.

### 7:45 a.m. Check-in and breakfast

Archie Griffin Ballroom

## 8:30 a.m. Welcome and keynote

Archie Griffin Ballroom

## Building Pathways to College Completion

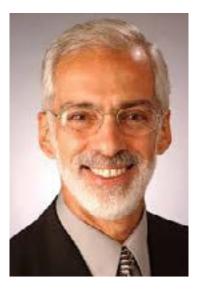
#### Vincent Tinto, PhD

Professor emeritus at Syracuse University and former chair of the Higher Education Program

Timely college completion arises one class, one course at a time over time. It is an educational journey marked by the successful completion of a number of steps not the least of which is a firstyear program that propels students into the second year and beyond.

In this keynote, Professor Tinto describes the attributes of such a program and the institutional structures and policies that promote timely college completion.





Vincent Tinto, PhD, is a professor emeritus at Syracuse University and the former chair of the Higher Education Program. He received a Bachelor of Science in Physics and Philosophy from Fordham University, a Master of Science in Physics and Mathematics from Rensselear Polytechnic Institute, and a PhD in Education and Sociology from the University of Chicago. He has carried out renowned research and has written extensively on higher education, particularly on retention, student success and the impact of learning communities on student growth.

He has consulted widely with federal and state agencies, independent research firms, foundations, and two- and four-year institutions of higher education on a broad range of higher educational issues, including the success of students in higher education, and those of low-income and underserved backgrounds in particular.

## 10–11 a.m. Breakout session I

#### Deconstructing the Model Minority Myth for First-Year Asian American Students

Barbie Tootle Room – Third Floor

**Annabelle Estera,** intercultural specialist, Student Life Multicultural Center

Asian American college students are a growing and significant population within higher education. In spite of their growth, their needs are often ignored due to the "model minority" myth and the perception that these students come to college without significant concerns. In reality, these students often have specific issues related to college. The purpose of this session is to outline issues facing these students and discuss ways in which these issues can be effectively addressed.

#### EXP's "Support from the Start" Early Referral Program for First-Year Students

Cartoon Room 2 – Third Floor

#### **Peter Spreitzer,** academic counselor, University Exploration

In autumn 2015, University Exploration conducted a program for new, first-year students. "Support from the Start" combines automated, customized and timed referrals to key campus resources with a pair of surveys designed to better understand first-year students' attitudes toward help-seeking. In this session, learn how we designed this project and what we gathered from our students' perceptions about motivation and convenience regarding using Ohio State support resources.

#### Financial Challenges in the First Year: Practical Implications for Work

Senate Chamber – Second Floor

**Bryan Ashton,** assistant director, Student Life Student Wellness Center

Mandi Schweitzer, financial wellness outreach coordinator, Student Life Student Wellness Center

College student finances and financial literacy among the millennial generation are a hot topic among policy makers, practitioners and the general public across the United States. The Ohio State University has made a commitment to college students' financial wellness and the support of their financial education. This presentation discusses how this issue impacts the students you interact with, your day-to-day work as a practitioner and retention as a whole.

#### Got Motivation? Strategies for Empowering First-Year Students in Academics

Cartoon Room 1 – Third Floor

**Leah D. Hoops,** outreach specialist and instructor, Dennis Learning Center

Samuel Rowe, Head Learning Specialist, Dennis Learning Center

Have you ever wondered why some students eagerly engage in course work while others avoid studying? Why students can be either resilient when facing challenges or stop trying? The difference is motivation! All students are capable of developing their motivation for learning, and you as an advisor, instructor or program coordinator play an important role in this process. During this session you will learn how to apply motivation theory to practice in order to empower students.

## Helping First-Year Students Transition in the Classroom

Great Hall Meeting Room 3 – First Floor

**Dr. Kathleen Harper,** senior lecturer, Engineering Education Innovation Center

**Dr. Richard Freuler,** clinical professor, Engineering Education Innovation Center

In this highly interactive session, participants will learn about a number of techniques that the Fundamentals of Engineering for Honors (FEH) program has developed over its nearly 20-year history for helping first-year engineering students make the transition to Ohio State and the College of Engineering.

Opportunities to Improve First-Year Retention and Enhance Student Success: Lessons Learned from a Campus Workgroup

Great Hall Meeting Rooms 1 and 2 – First Floor

**Jennifer Belisle,** assistant director, Academic Advising, Undergraduate Education

**Dr. Anne McDaniel,** associate director of research, Center for the Study of Student Life, Student Life

**Bernie Savarese,** director, First Year Experience, Enrollment Services

In the summer of 2014, a workgroup of Ohio State faculty, staff and students developed an action plan to improve first- to second-year retention and enhance overall student success at the university. While the group will not submit the draft of its plan until later this semester, it is not too early to share lessons learned about the students who are most at risk as well as insights about opportunities to improve practices and enhance services for students.

#### Preparing Students for First-Year Success: The Impact of Pre-College Programs

Ohio Staters, Inc. Traditions Room – Second Floor

**Dr. Joseph Kitchen,** postdoctoral researcher and program coordinator, Center for Higher Education Enterprise

**Dr. Terrell L. Strayhorn,** director and professor, Center for Higher Education Enterprise

College outreach and academic support programs are popular institutional strategies to facilitate a successful transition for incoming college students with the ultimate goal of boosting student success in the first year. This session presents the results of an investigation into the impact of pre-college programs on first-year student success along three key indicators: sense of belonging, diversity outcomes and college readiness. Recommendations for practitioners, faculty and administrators interested in first-year programming are presented.

## Connect with us throughout the year

@OhioStateFYE

## 11:15 a.m.–12:15 p.m. Breakout session II

## Academic Advising and the First-Year Experience

Cartoon Room 2 – Third Floor

**Christopher Adams,** assistant director, Admissions and Student Services, John Glenn School of Public Affairs

**Jennifer Belisle,** assistant director, Academic Advising, Office of Undergraduate Education

**Danielle Whitaker,** assistant director for outreach, University Exploration

"I don't know who my advisor is"—it's a common phrase stated by new students. Join us to discuss how to help students understand who advisors are and what they can do. The presentation focuses on the role academic advisors play in a student's first-year experience and facilitates a discussion on collaboratively increasing retention and persistence in first-year students.

## Addressing Alcohol Use in the First Six Weeks

Cartoon Room 1 – Third Floor

**Connie Boehm,** director, Student Life Student Wellness Center

**Dr. John Clapp,** executive director, professor, associate dean, College of Social Work, Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery

In 2011, incoming Ohio State students indicated that 26 percent were binge drinkers while the following spring, 40 percent identified as binge drinkers. Research indicates that the first six weeks of a college experience are critical in the formation of high-risk drinking behaviors. This session addresses issues associated with the first six weeks of a college student's experience, successful efforts to interrupt this behavior and practices to implement on the Ohio State campus.

#### Buckeye Generation Learning Community: Leveling the Field for First-Generation Students

Senate Chamber – Second Floor

**Tonya Duffy,** interim retention coordinator, Retention, Ohio State Newark

**Sarah Howard,** academic advisor, Academic Advising, Ohio State Newark

**Jamie White,** assistant to the associate dean, Ohio State Newark

Research shows that first-generation students, when compared with their peers, are less likely to obtain a college degree. The Buckeye Generation Learning Community supports a selected group of first-generation students through interventions such as common course work, supplemental instruction and peer mentors. This presentation discusses how interventions have impacted the first two cohorts, what we have learned and changed, and how these interventions could support other students.

#### First Year Success Series: What We Know and Where We Are Going

Great Hall Meeting Rooms 1 and 2 – First Floor

**Ryan Provost,** program coordinator, First Year Experience

The First Year Success Series is one of the largest university collaborative efforts to support first-semester student transition. The series features over 500 workshops and serves over 6,500 first-year students each year. As we have collected data about the Success Series, we have learned how the Success Series impacts student learning, retention and success. This session discusses what we have learned and our plans for enhancing the Success Series in the future.

#### I Need a Nap: Expectations of Chinese Students

Ohio Staters, Inc. Traditions Room – Second Floor

**Robert Eckhart,** executive director, Combined English as a Second Language Programs

**Ruilan Zhao,** doctoral student, Education Teaching and Learning

We do our best to anticipate and meet the expectations of all new students. But meeting the expectations of Chinese students is particularly tricky because of the cultural divide between the U.S. and Chinese educational system, not to mention significant cultural differences. This session presents some of the expectations and offers a framework for figuring out additional ones.

## The Impact of STEP on College Teaching

Great Hall Meeting Room 3 – First Floor

**Dr. Steven Bibyk,** associate professor, Department of Electrical and Computer Engineering

**Dr. Lisa Cravens-Brown,** senior lecturer, Department of Psychology

**Dr. Peter Curtis,** professor, Department of Evolution, Ecology and Organismal Biology

**Nicole Kraft,** assistant professor, School of Communication

**Vicki Pitstick,** program manager, Second-Year Transformational Experience Program

This session highlights insights and stories from Second-Year Transformational Experience Program (STEP) faculty mentors who are finding that their experiences in STEP positively impact their teaching, interaction with students and connection with the university. Though only in its second year, STEP is taking the lead in finding new ways for students, faculty and staff to communicate and partner across campus and help us all realize that we truly are one university.

#### Y'all Ready for This?! Developmental Readiness in First-Year Leadership Education

Barbie Tootle Room – Third Floor

**Anna Casey,** undergraduate student, University Exploration

**Jake Cohen,** coordinator, Service and Outreach, Student Life Student Activities

Matthew Van Jura, assistant director, Leadership Programs, Student Life Student Activities

Believe it or not, you may be unknowingly delivering leadership development! Recent scholarship supports a link between building student efficacy and resilience with leadership skills. This session presents research from the Multi-Institutional Study of Leadership and Leadership Identity Development (LID) Model through the use of both traditional presentation and student testimonial to the end of better preparing attendees to meet the developmental readiness of student leaders.

## 12:30 p.m. Lunch FYE updates and awards

**Evaluations** 

Please tell us about your experience at today's conference. You'll receive an evaluation at lunch; please complete and return it before you leave the conference.

Archie Griffin Ballroom

Bernie Savarese, director, First Year Experience

With the inaugural set of Outstanding First Year Advocate Awards, First Year Experience recognizes contributions of exceptional faculty and staff to first-year student success.

This award honors individuals who have demonstrated a passion beyond their typical job responsibilities for helping students make the most of their first year, fostering personal connections with or among first-year students, implementing policies that helped make first-year student success possible, and serving as a resource to new students.

Congratulations to all of our university colleagues who were nominated for the 2015 awards:

- Christopher Adams, assistant director, Admissions and Student Services, John Glenn School of Public Affairs
- Dr. Wayne Carlson, vice provost, Undergraduate Studies; dean, Undergraduate Education
- Brendan Greisberger, assistant director, Scholars and Campus Programs, Student Life Recreational Sports
- Cecilia Johnson, academic advisor and staff assistant, College of Arts and Sciences
- Kia McKinnie, associate director, Student Services, College of Education and Human Ecology
- Gail Nelson, assistant director, Enrollment Services FYE, Lima Campus
- Shari Petersen, director, Admissions and FYE, Mansfield Campus
- **Dr. Jill Pfister,** assistant dean, Academic Affairs, College of Food, Agriculture and Environmental Sciences
- Dr. Edgar Singleton, director, First-Year Writing Program, Department of English
- Peter Spreitzer, academic counselor and academic support specialist, University Exploration
- Lindsay Tolchin, academic advisor, College of Engineering
- Chris Trapp, director, Academic Services, Ohio State Marion

## 1:45–2:45 p.m. Breakout session III

#### Defining Co-Curricular Competencies to Measure Student Learning and Enhance Effectiveness

Great Hall Meeting Rooms 1 and 2 – First Floor

**Jennifer Belisle,** assistant director of academic advising, Undergraduate Education

Bernie Savarese, director, First Year Experience

**Krystyne Savarese,** associate director, Center for the Study of Student Life

**Julie Schultz,** senior assistant director, First Year Experience

In 2017, Ohio State will go through the Reaffirmation of Accreditation process as an institution. Our accrediting body, the Higher Learning Commission, has defined new criteria for institutions to demonstrate student learning in a co-curricular environment. To address this need, the Offices of Undergraduate Education, Enrollment Services and Student Life have formed a task force to establish undergraduate co-curricular competencies. This session will cover the task force's progress to date and next steps for building support and engaging the campus community.

### Flipping the First-Year Survey Class

Cartoon Room 2 – Third Floor

**Natalie Hamel,** academic counselor, Fisher College of Business

Matt Miller, academic planning specialist, data analytics major

**Barry Tolchin,** academic advisor, Department of Civil, Environmental and Geodetic Engineering

The "flipped" classroom model allows students to gather information outside of the classroom so that learning can happen in an activity-based setting in the classroom. This session discusses ways higher education professionals have "flipped" the Freshman Survey Course and suggests easily implemented strategies for your course.

#### From Information Overload to Habits of Mind: Library Instruction that Makes Sense in the First Year of College

Ohio Staters, Inc. Traditions Room – Second Floor

**Beth Black,** undergraduate engagement librarian and associate professor, University Libraries

**Karen Diaz,** head of Teaching and Learning and associate professor, University Libraries

Katharine Webb, subject librarian and associate professor, University Libraries

Despite receiving library instruction in Survey courses, first-year students regularly struggle to find and use information needed for success inside and outside the classroom. In response, we drastically revised the "library assignment" in many Survey courses. The new assignment focuses on habits of mind and effective parts of the research process. This session will cover the changes made and feedback received, as well as next steps.

#### National Survey of Student Engagement: What You Need to Know from the 2013 Administration at Ohio State

Great Hall Meeting Room 3 – First Floor

Holly Oakleaf, resource planning analyst, Institutional Research and Planning

**Sheila Craft-Morgan,** strategic planning analyst, Institutional Research and Planning

Research shows that there is a relationship between student engagement and educational quality, achievement, and persistence. At Ohio State, the National Survey of Student Engagement (NSSE) is administered every three years—most recently in 2013. This session discusses findings from the most recent administration of NSSE, trend data and comparison to benchmarks.

#### Resilience, Mindsets and Strengths: Facilitating Belonging with Wellness Coaching

Senate Chamber – Second Floor

James Larcus, graduate associate, Student Life

Matt Fullen, graduate associate, Student Life Student Wellness Center

**Todd Gibbs,** wellness coordinator, Student Life Student Wellness Center

Wellness coaching at Ohio State is designed to support students' ability to navigate transitions during college. One of the most significant transitions that all students face is developing a sense of belonging in college. Wellness coaching aids this transition through presentations and consultations. This presentation will share how this approach is helping students to reframe their experiences and perceptions so that they can thrive in college.

#### Starting the Conversation: Fisher College's International-Student-Focused Initiatives for the First Year

Cartoon Room 1 – Third Floor

Jane Palmer, academic counselor, Fisher College of Business

**Jessica Hall,** academic counselor, Fisher College of Business

**Lindsay McGory,** academic counselor, Fisher College of Business

This session provides information on efforts focused on international students in the Fisher College of Business, including the development of a required spoken English classes for new students and the Fisher International Friends Program. Results of a post-program survey will be shared to highlight the benefits of this English conversation partner program for both international and domestic students.

#### The New First-Year Student: I've Already "Done" College, Thank You

Barbie Tootle Room – Third Floor

**Michele Brown,** senior assistant director, Outreach and the Academy, Undergraduate Admissions

**Misty Kemp,** advisor, OSU/Metro School, Office of Academic Affairs

**Dr. Mindy Wright,** assistant provost, Office of Academic Affairs

Over the past 10 years, high school students' opportunities to earn college credit has resulted in increased numbers of first-year students who are not new to college. This session looks at those trends and explores how our work with first-year students can adapt to changing student profiles.

### 3–4 p.m. Breakout session IV

"Getting It Out of the Way": How to Help Students Make the GE a Meaningful Part of Their College Experiences

Ohio Staters, Inc. Traditions Room – Second Floor

**Emily Carpenter,** coordinator academic advising, Arts and Sciences Advising

**Stephanie Elliott,** assistant director, curriculum manager, University Exploration

**Dr. Nikki Strader,** Academic Advising Coordinator, College of Engineering

**Kia McKinnie,** Associate Director, College of Education and Human Ecology

Have you ever heard a student say "I just want to get my GEs out of the way"? This panel discussion will help provide best practices for talking about the GE: practical applications of transferable skills, enhancing majors, thematic approaches and the general value of the GE.

#### It Takes a Village: Collaborative Recruiting of Transfer Students

Senate Chamber – Second Floor

Mark Cortez, assistant director of transfer recruitment, Undergraduate Admissions

Over 1,000 domestic transfer students who were admitted to Ohio State for autumn 2014 did not attend. This session reviews the Transfer Student Enrollment Survey that was completed by the students who did not enroll for autumn 2014 and looks at how we can use this information to ensure a positive first-year experience for those who did enroll. The session also includes a discussion about partnering across campus to ensure that transfer students are having positive interactions that will lead to their growth and success.

#### Learning Communities and First-Year Student Success

Great Hall Meeting Room 3 – First Floor

**Beth Fines,** associate director, Student Life Residence Life

Cheryl Lyons, director, Student Life Residence Life

This session provides an overview of Student Life-sponsored residential learning communities and highlights their key features and best practices that promote first- year student success. We'll share real-life examples of how these communities help to integrate students' learning both in and outside of the classroom through intentional design and the collaborative efforts of academic affairs staff, faculty and student affairs staff.

#### Let's Talk about Consent: A Collaborative Approach to Educating Students

Barbie Tootle Room – Third Floor

**Connie Boehm,** director, Student Life Student Wellness Center

Karen Kyle, director, Student Life Student Advocacy Center

Sexual violence prevention professionals have always known that educating college students about consent is a complex, yet critical, element to prevention. With recent federal legislation, the issue of consent has risen to the forefront in discussions about sexual violence because of the apparent gap in students' understanding of

this concept. This session explores the reasons for this gap and shares feedback from student focus groups on the issue of consent. Participants will leave with a better understanding of the complexity of the issue and the implications for university faculty, staff and students.

#### Reading to Learn: The Impact of Reading (and Not Reading) on First-Year Student Success

Cartoon Room 1 – Third Floor

**Kristin Ferebee,** writing program administrator, Department of English

**Colleen Morrissey,** writing program administrator, Department of English

**Dr. Edgar Singleton,** director, First-Year Writing Program, Department of English

Taking time to read—either for class or pleasure is not always the top priority of first-year students. A range of reading activities, however, are central to student success. Presenters from the First-Year Writing Program will discuss experiences with student writing and reading obstacles and successes in English 1110, and explore extracurricular avenues through which reading can be offered and promoted to students.

#### Staying Relevant: Reframing Our Work to Support First-Year Students

Great Hall Meeting Rooms 1 and 2 – First Floor

**Nicole Craven,** assistant director, First Year Experience

## Julie Richardson, assistant director, First Year Experience

Ask any staff member in First Year Experience about our office mission and you should get the same answer. But two years ago, we may have given you 10 different responses. This session explains how we have improved our relevancy and commitment to new students. We'll share the new directions we're taking with a focus on peer leaders and communication and how offices and departments across campus can transcend these efforts in our collective support of first-year students.

#### The Honors Program: Supporting High-Ability Students in the First Year

Cartoon Room 2 – Third Floor

Julie Humbel-Courtney, assistant director, Honors & Scholars

Jennifer Shields, program coordinator, Honors & Scholars

**Chip Tuson,** graduate administrative associate, Honors & Scholars

The Honors Program at Ohio State challenges and supports high-ability students. These firstyear students present unique needs when they arrive on campus. This presentation explores the specific characteristics and needs of Honors students and shares how the Honors & Scholars Center is implementing co-curricular strategies to help high-ability students transition to campus.

### Notes



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Thank you to all of our colleagues who participated in this conference and whose continued support makes this conference such a great success. Your partnership with First Year Experience and your dedication to first-year students is invaluable.

We also recognize and thank those whose contributions make this conference possible:

Session presenters

Vincent Tinto, PhD

Proposal review committee

The Ohio Union

#### **About First Year Experience**

First Year Experience is committed to creating the conditions for success at the university for all new undergraduate students. Through diverse and relevant programs and meaningful relationships, new students will better understand how to navigate the changing world around them, enhance their capacity to engage with new people and ideas, and develop the skills and connections required to meet the challenges they face both in and out of the classroom.

We serve all new students and acquaint them with university life. This includes new first-year students (domestic and international), transfer students, campus-change students, and their families. We work with campus partners across Academic Affairs and Student Life to assist first-year students in engaging with the university and establishing a foundation for academic success that ultimately leads to their graduation.

Get Started. Make Connections. Get Answers.